

GOVERNING BOARD

President

Stephanie Law, PsyD
(626) 354-5559
stephanie@drstephanielaw.com

Past President

Deborah Peters, PhD
(626) 440-9099
drdebtpeters@gmail.com

Secretary

Colleen Warnesky, PsyD
(310) 948-2687
ColleenPsD@me.com

Treasurer

David Lorentzen, PsyD
(818) 523-4628
davidlorentzen@gmail.com

Newsletter Editor

Suzanne Lake, PsyD
(626) 795-8148
DrSuzanneLake@aim.com

Membership Coordinator

Kelley Vandewalle, MA
310-467-1833
kelleyvandewalle@yahoo.com

Program & Continuing Education

Larry Brooks, PhD
(818) 243-0839
drbrooks@drlarrybrooks.com

Early Career Professionals

Martin Hsia, PsyD
(626) 403-3500 ext 106
martinhsia@gmail.com

Website Management

David Lorentzen, PsyD
(818) 523-4628
davidlorentzen@gmail.com

Special Interest Groups

Laurie Nougier, PhD
(626) 755-5622
drnougier@yahoo.com

Governmental Affairs

Linda Nelson, PhD
(310) 458-4581
lnelson@mednet.ucla.edu

Representative to CPA

Melissa McMullin, PsyD
(323) 345-01402
mcmullin.melissa@gmail.com

Diversity Liason to CPA

Ellen Miller Kwon, PsyD
(626) 807-5451
ellen@drellenmillerkwon.com

Representative to LACPA

Colleen Warnesky, PsyD
(310) 948-2687
ColleenPsD@me.com

Student Representative to CPA

John Nelson
(323) 687-0888
johnnelson@fuller.edu

CLASP

K.C. Bugg, PsyD
(626) 209-1194
drkcbugg@mac.com

Disaster Response

Open

Ethics

Open

Summer Lunch Meetings

Date: Friday, July 13, 2012
Topic: Somatic Transference: The Body's Processing Psychotherapy
Speaker: Elisabeth Krim, PhD
Place: University Club, 175 N. Oakland Ave.

Date: Friday, August 3, 2012
Topic: NO MEETING
Enjoy the summer!



FALL CHANGES!!
Brand new location!
Brand new Friday!
We will gather at the
Women's City Club dining
room at 160 N. Oakland
Ave.

Meetings will be regularly be held on the
SECOND FRIDAY of each month.
(All costs will remain the same)

Monthly luncheons are from
12:00 to 1:45 p.m.
Members Costs:
Luncheon, Service, and Parking
Privileges...\$22
CE credits...\$20
Audit...\$10
Non-Member Costs
Luncheon, Service, and Parking
Privileges...\$27
CE credits...\$25
Audit...\$15

PRESIDENT'S MESSAGE



Dear Colleagues,

Big, big news! SGVPA is moving the monthly luncheons! We're going to have a new location and a new Friday for our meetings--starting in September. At our first meeting this fall, September 7, we will all convene at The Women's City Club--which is right across the street from where we meet presently. The Women's City Club, at 160 N. Oakland Ave., has accepted our membership, and is excited to have us begin using their lovely dining facilities this fall.

Equally momentous--we are also changing the regular monthly meetings to the *second Friday* of each month. What is NOT changing is the time of the lunch meetings, or the exceptional quality of our CE speakers.

The Board of Directors is well aware of the potential disruption this may initially cause folks, and we'll be doing everything we can to make the transition as seamless as possible. Please know that we would only be making these changes after concluding that the move would benefit SGVPA in multiple ways. Not only is the food excellent, their portions are larger, and the setting is elegant. Financially, it will also advantage SGVPA's bottom line in numerous ways.

Please note that for the month of July, we will still be meeting at our regular site, the University Club, and in August, we will take the month off.

In other news, I am pleased to announce that SGVPA has recently achieved a major milestone!

(continued on p. 2)

Not since the early 1990s has our membership topped out at 200 professionals--which it did early last month! As President, and a long-time Board member before that, I have the privilege of seeing years of hard work, dedication, and vision for our organization come to fruition at this moment. What can I say? It's extremely gratifying to see, and I am deeply, profoundly, and I-want-to-hug-you grateful!

Last but not least, and as another evidence of SGVPA's expanding richness and vibrance, this is a special issue of AnalyzeThis! I am proud and excited to tell you that we now offer eight wonderful Special Interest Groups, which you will learn all about in the next pages. Enjoy!

Sincerely,

Stephanie Law, PsyD

Got SIGs? SGVPA Showcases Its Super Special Interest Groups

By Laurie Nougier, PhD
SIG Chair



As Chair of the Special Interest Groups (SIGs) Committee, I am so excited about the myriad of opportunities now available for SGVPA members through the fabulous Special Interest Groups we've organized for you. We are privileged to have so many accomplished and expert individuals among us, who generously volunteer their time to offer these rich, stimulating and enriching opportunities. As a Board member and personally, I very greatly appreciate their commitment, generosity, and hard work in presenting so many ways for SGVPA members to grow, both professionally and personally.

SIGs are groups of professionals with a common professional interest who get together to discuss the interest generally, as well as specific topics that are selected in advance, for which there may be a guest speaker with particular expertise. For example, the Psychopharmacology SIG has invited a number of psychiatrists to come and discuss the intricacies of medication use in specialized areas.

We currently have eight SIGs that are already going strong, exploring a variety of timely and exciting topics: Psychopharmacology, Child and Adolescent Development, Community Mental Health, Intercultural Insight, Psychology and Spirituality, Addiction and Recovery, Group Therapy, and Professional Networking. You can read more about them in the following pages of this special edition of the newsletter.

Each SIG offers the opportunity to meet new colleagues, engage in thought provoking discussions, and expand one's personal and/or professional knowledge and skill. There is no requirement to formally join a SIG, and each meeting is open to all SGVPA members. As such, you may choose to attend only the meetings with topics that are interesting to you. In addition, SIG leaders are open to suggestions for topics--if there is an area you would like to learn more about.

Right now, you may be thinking, "Well, these topics are great for some people--but what I'd really like a SIG that discusses (blank)!" Well, as SIG Chair I invite you to go for it! Start a SIG of your own! There are numerous theoretical and practice related topics that would make for great groups, and any SGVPA member can lead a SIG that is a particular interest and specialty of yours.

As a first step, just send me your CV and a letter of intent that outlines your vision for the group. (To make it easy, I can send you an example.) This, along with your CV, would be taken to the next Board of Directors meeting, where your proposal would be discussed and voted on. Because extra time is often the one thing lacking from most of our lives, you are welcome to share the leadership position with a colleague who shares the same interests and expertise.

This issue contains articles written by each of the current SIG leaders, providing more information about their respective groups. I encourage you to participate in the next SIG meeting that sparks your interest, or to create a SIG of your own! ...I know at the end of the week, a Happy Hour SIG would be a welcome! Any takers?

Dr. Nougier invites you to contact her at DrNougier@yahoo.com.

Professional Networking SIG

By Melissa J. Johnson, PhD
SIG Leader



Most of us did not get much graduate school training in running a psychology business or organization. Yet the business aspects of what we do can be creative and even fun, involving interesting ethical and practical challenges.

Over the years, I've found benefit and pleasure in conversations with colleagues about navigating various aspects of developing a business. This year, I've launched the Professional Networking SIG, which will aim to provide a regular opportunity for psychotherapists to come together, network, and add to our business skills as mental health practitioners.

The cultural and political terrain in which we work looks different now than it did even five years ago – or will look five years in the future! As our profession evolves in response to social changes, it is important to develop new skills to effectively implement our visions for our practices, organizations, and projects. This SIG will provide a forum for discussion, support, feedback, and skills-building that can assist us as professional therapists in this fast-paced era. Some of the topics relevant to this group include:

- 1) Business planning: creating mission statements and strategic plans.
- 2) Marketing and promotional activities: developing and delivering elevator speeches, using (or not using) social media, reviewing effective print marketing, and understanding ethical issues related to developing and marketing a practice.
- 3) Effective networking with other professionals.

Overall, this SIG will provide an opportunity for SGVPA members to learn to develop and maintain an ethical clinical business practice--an important benefit for our members, the clients with whom we work, and our community in general.

We've had two productive and fun meetings so far this year. The theme for the first was networking and crafting an effective elevator speech. The second was on ethics and practices related to social media and electronic security. Meeting times are the second Friday, every other month, 12:00 – 1:30 pm, except in the summer. Refreshments are served. Hope you can join us!

*Dr. Melissa Johnson invites you to contact her at
MJohnson@InstituteForGirlsDevelopment.com*

Clinical Psychopharmacology SIG

By Keith Valone, PhD
SIG Leader



I am the Chair and Founder of the Clinical Psychopharmacology SIG, and Jon-Patrick Pederson, PhD, also deserves credit for helping me start and maintain it. We are also pleased to have Jason Schiffman, M.D. as a regular psychiatrist member of the group.

My interest in founding this SIG comes from my own background. I completed my Master's in Clinical Psychopharmacology in 2010, I am a Board Member of CPA Division V (Clinical Psychopharmacology), as well as a member of the CPA Board. I teach clinical psychopharmacology to doctoral students in clinical psychology, and I am working actively toward prescription privileges for psychologists in California. I am in a group practice with three other clinical psychologists, two of whom also have their Master's in Clinical Psychopharmacology, as well as a psychiatrist. We routinely incorporate psychopharmacology consultations into our outpatient and hospital practices.

The primary mission of the Clinical Psychopharmacology SIG is to maintain a professional network of SGVPA members who are interested in clinical psychopharmacology. The SIG also serves to coordinate local efforts toward prescription privileges by members of SGVPA, with statewide efforts promoted by Division V of CPA. The SIG welcomes members who have a wide range of backgrounds and experiences with psychopharmacology, including those with little or no training or experience in this field.

The SIG meets regularly on Saturday mornings to discuss topics of interest that have direct applications to the integration of psychopharmacology and psychotherapy. Past discussions with guest psychiatrists include the psychopharmacology of post-traumatic stress disorder, childhood and adolescence, and women's issues. Upcoming topics will include psychopharmacology of addiction, bipolar disorder, depression, and anxiety disorders.

We encourage anyone to attend who may have an interest in learning more about medications, how medications may be of benefit to your patients, integrating medications with psychotherapy, and how to talk to patients and prescribers about medications. You do not need to join the SIG to come to a meeting. The feedback we have received has been positive so far, and we welcome suggestions for how to improve the SIG and make it more valuable to SGVPA members.

*Dr. Keith Valone invites you to contact him at
valone@thearroyos.org.*

Group Therapy SIG

By Matthew Calkins, PsyD, and Ryan Spencer, MFT
SIG Leaders



Group psychotherapy is a unique form of therapy that has been shown to be an effective supplement to individual treatment, as well as a stand-alone modality. It is widely used in hospitals, community mental health agencies, and universities. Yet surprisingly, there are very few psychotherapists providing group therapy in their private practices in the San Gabriel Valley. No doubt the obstacles of insurance billing and putting a group together contribute to this situation. The Group Therapy SIG is interested in promoting awareness about group psychotherapy, and helping to

support those who are running groups or are interested in doing so

Advantages of group therapy include: 1) Clients receive diverse reactions to their behavior and can hear different opinions about it. 2) There are more transference reactions to work with. The therapist and group can work with vertical transference toward the therapist, but can also work with horizontal transferences between patients. 3) Group provides the client a place to explore their patterns in regard to attachment and emotional intimacy in a here-and-now manner. 4) Clients can practice what they are learning with peers, in a safe place. 5) Group therapy is one step closer to “reality” than individual therapy. 6) Group members can observe how other members work, and gain insight from seeing alternative ways to solve problems. 7) Clients relate to groups differently and may be able to take in an insight given by a peer more easily than if it is given by the leader. 8) Clients may also share parts of themselves that they would not when one-on-one.

All of us are born into a group--our family--and learn to relate to the world through groups (school, friends etc.). These groups shape us and condition our beliefs. Group therapy is a wonderful way to explore one's prior conditioning, and learn new ways of relating with others and one's self. If you have a passion for group therapy or are just interested in hearing more, please join us for our next group therapy SIG on Saturday, July 21.

Dr. Matthew Calkins, and Ryan Spencer, MA invite you to contact them at drmatthewcalkins@gmail.com or ryanspencermft@gmail.com.

Child and Adolescent Development SIG

By Carrie Dilley, PhD
SIG Leader



The Child and Adolescent Development SIG was first conceived in 2009 in a discussion among former SGVPA presidents, Drs. Suzanne Lake and Linda Tyrrell, and myself. What initially began as casual conversation regarding a group for professionals who work with children soon developed into a larger concept for creating the first

SIG to be approved by the Board. For the past ten years, my work has focused on supporting children, adolescents, and their families in a “niche” practice treating issues including developmental delays (e.g., Autism Spectrum Disorders), sensory processing and regulatory disorders, learning disabilities, and cognitive delays. While these topics describe many of my passions, the members in the group have a wide array of interests related to children and adolescents.

The following four goals make up the mission of the group: 1) To establish a network of professionals who work with and/or have a clinical interest in children and adolescents, who are committed to further each other's knowledge about new developments in research and practice, and to support one another's common therapeutic interests. 2) To educate the larger SGVPA membership by providing in-service trainings for continuing education units based on research and interventions discussed in the group's monthly meetings. 3) To develop and maintain positive relationships within the local community and nationwide with multi-disciplinary professionals and educators, and to establish a presence as leaders in the area of child and adolescent development by providing consultation and training to other professionals and organizations. 4) To serve as a liaison between local, state, and national advocacy efforts to pass legislation that pertains to the treatment and support of children and adolescents as it relates to psychological practice.

The SIG meets regularly every 2-3 months. Past topics of discussion have included The Science of Success, Sensory Processing and Regulation Issues, and The Role of Child and Adolescent Splitting In A Divorce Situation. The next meeting is planned for September 2012. If you share a common passion for supporting children and adolescents in your practice we welcome you to join our growing group of professionals.

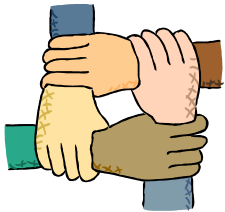
Dr. Carrie Dilley invites you to contact her at DrCarrieDilley@gmail.com, and to go to www.SynergyPsychological.com for more info.

Community Mental Health SIG

By Wayne Ko, PsyD
SIG Leader

What is community mental health? How is it different from private practice? What issues can I expect to face, and can I do both?

With the constantly evolving field of clinical psychology and psychotherapy, there is a growing need for both private practice and community-based services. As our field expands, we find ourselves working to meet the needs of clients from all different walks of life, income level, and degree of mental health concerns. With these changes in mind comes a special interest group that focuses on discussing the areas of community mental health that you might expect to see, and the rewards and challenges that will come with it. What is it like to work with the Department of Children and Family Services? What is it like to be on call, or to write 5150 holds for clients struggling with psychosis? What might it be like to work with clients who are not able to afford psychotherapy, and most likely do not yet understand the value of therapy? At the end of the day, is community mental health for me?



The goal of this SIG is not only to discuss the different avenues of community mental health, but also to create bridges between them, and to embrace the many ways in which we can provide-- not only for our clients, but for our surrounding community, and for ourselves. If we strengthen our community and the resources within that community, as well as our clients, then more people will have access to more avenues of improving overall wellness. By understanding a wide variety of applications of psychotherapy through this SIG, we aim to better embrace what clinical psychology is, and push to continue its growth, and to ultimately provide for everyone.

Finally, this SIG is also a wonderful way to connect with other mental health professionals, take time from our busy schedules, and share experiences and stories with others. As we promote community and mental and emotional wellness, we sometimes tend to forget to practice what we preach, so I welcome everyone who looks to provide services, not only to individual clients, but to a whole community--and to connect with others who share the same vision.



Intercultural Insight SIG

By Wayne Ko, PsyD
SIG Leader

Who am I? Where do I come from? How do I identify myself? How does this identification inform the kind of mental health professional I am? As multicultural beings, how much of ourselves do we share in the therapeutic situation?

Intercultural insight derives from an exploration of our unique personal richness in ways that most of us don't spend enough time doing. This SIG was created in order for professionals to meet each other, and share the different cultures they come from, and how they make us who we are. Influences from ethnic background, religion, gender, sexual orientation, professional training, and a myriad of other sources shape one's cultural perspective. This applies not just to our clients, but to ourselves as well. Moreover, this knowledge is not to be avoided, but embraced.

Through movie nights, presentations from professionals providing culturally responsive services, and sharing the worlds we engage in and come from, we will strengthen our resources to provide insight to the clients we serve.

We will also explore the different ways in which we provide services to those struggling to define their cultural identity, and to come to terms with the history they have. How do we respect their cultural world without imposing ours? How might political, economic, and societal expectations--that we may or may not experience ourselves--create obstacles in our clients' lives; and how do we help them through their struggles? What if you represent the very struggles they face, yet are the professional they choose to see?



By engaging in and sharing with each other as professionals and individuals, we will create a community in which we can face our own struggles and strengths, and therefore better understand our clients' worlds. Furthermore, by doing so, we will tap into the richness of psychotherapy, and through flexibility, empathy, and versatility, we can find ways to reach those that may otherwise be deemed unreachable. If we can't do it ourselves, how can we expect our clients to?

*Dr. Wayne Kao invites you to contact him at
dr.waynekao@gmail.com*

Addiction and Recovery SIG

By Daniel Goldin, MFT
SIG Leader



It may seem odd that the subject of addiction, a problem which has undertones of isolation and despair, has brought into my office such a regular, friendly, collegial group of clinicians. Our lunchtimes together have had more of the quality of a literary soiree' than an educational

networking session. Some of this deep conviviality is due to the involvement of the many interesting clinicians in SGVPA, some comes out of sharing bagels and lox-- but a large part derives from our mutual interest in a subject which is so very deep and mysterious.

Addicts usually reach for substances initially to operate directly on feelings that dominate without offering guidance, or to fill a need that can't be filled; in short, to control internal experiences that provoke a helpless response. Ironically, the addict soon finds himself controlled in a new, more predictable way by the very behaviors that offered this false promise of autonomy. Addiction, then, is a multi-dimensional process that defies reductive explanations. It is also an overarching problem, spreading its seeming-solution over many pathologies and non-pathologies. Hardly a patient comes into the consulting room without some struggle with compulsive use of substances, or repetitive behaviors.

In our monthly meetings, we have touched on some of the many dimensions of addiction, considering the subject through the lens of neurobiology, as a vulnerability in adolescence, as running parallel to the creative process, as emerging from a constriction of temporal horizons, and as a predisposition stemming from trauma and childhood maltreatment and neglect. We have considered treatment from a twelve-step standpoint, from a psychoanalytic standpoint, from a cognitive behavioral standpoint and from a linear stage-oriented standpoint. But we have only begun to scratch the surface of the phenomenology and treatment of addiction. Some potential subjects for future consideration might be: addiction as a cultural phenomenon, the addicted family, process addictions, video-gaming in adolescence, the magic pill, addiction as a means of self-organization, addiction and narcissistic fantasy, etc. I invite anyone interested to join us plumbing the depths of this endlessly fascinating subject -- and to share some bagels and lox.

*Daniel Goldin, MFT, invites you to contact him at
daniel@danielgoldinpractice.com*

Psychology and Spirituality SIG

By Robert Cornell, MFT
SIG Leader



The Psychology and Spirituality SIG looks at our clinical practices through the lens of spirituality. In the past our group has spent much time exploring Buddhist influences in psychotherapy, such as mindfulness-based practices. Currently we are looking at the general issue of working

with addictive processes (including workaholism and other compulsive patterns of behavior) from the standpoint of the Twelve Steps of AA.

As a practicing Buddhist and Christian contemplative for over forty years, it's my desire to share practices and insights that I have learned from these rich and varied traditions which we can bring to our clients in terms of skills, and techniques. I am also--perhaps more importantly-- wanting to explore with this group how a spiritual frame of reference may allow us as clinicians to find ways distinct from a strictly secular clinical practice that could also help our clients to grow, and to have deeper and more meaningful lives.

In recent surveys of religious and spiritual interest, the allegiance of Americans to mainline religious denominations has steadily declined, and the "spiritual but not religious" category has been increasing. The implication of this is that many Americans are no longer going to church or temple, and thus many have little or no steady connections with communities of shared spiritual values to help guide them in the choices they make daily. In my therapy practice, I often have people coming to me to address issues for which, in the past, they would have sought out a pastor, rabbi, or other religious authority for advice. For me, this is both a personal joy but also a concern; where are so many people getting their inner direction from today?

If you are intrigued with, or passionate about, the integration of psychology and spirituality, please contact me and I will add you to our email list for future meetings.

*Robert Cornell, MFT, invites you to contact him at
robertbcornell@earthlink.net.*



Psychology Policy Alerts

By Linda Nelson, PhD
Governmental Affairs Chair

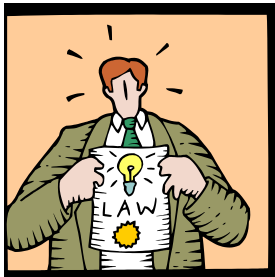


As the newly-appointed GAC rep for SGVPA, I am thrilled to write for this newsletter. There are two pieces of legislation of importance to psychologists currently in Sacramento, one relating to parity, and the other to

the continuation of Board of Psychology. The bill relating to parity--i.e., the equivalence of mental health and other medical benefits-- is AB154. Briefly, this bill mandates that insurance companies treat mental health disorders in the same way as they do physical disorders. Insurance companies would be barred from having higher co-pays, higher out-of-pocket expenses, more restrictive limits on psychotherapy visits, higher deductibles, and other differences in out-of-network payments. One pro of this bill are that it would make it illegal for insurers to charge clients more for mental health disorders than for physical health issues. Other pros are that passage of the bill could result in higher reimbursement rates for psychologists, and increased numbers of visits insured clients will be allowed. The con of this bill (for psychologists) is that passing it will slightly raise premiums for all consumers.

The Board of Psychology Sunset Extension Bill is SB1238, which just last month passed the Senate by a 38-0 vote. This means that that the Board of Psychology is on the road to being preserved, rather than shuttered. Failure to pass SB1238 would have placed the BOP at risk for dismantlement (can you imagine?). You should be proud that SGVPA was instrumental in writing letters and advocating for passage on both bills, so kudos to us! Along with 130 members from other CPA chapters, SGVPA

board members lobbied hard in Sacramento for passage of both these bills at the Leadership and Advocacy Conference last March.



Dr. Linda Nelson can be contacted at lnelson@mednet.ucla.edu.

Membership Corner

By Kelley Vandewalle, PhD Candidate
Membership Coordinator



Greetings SGVPA Community!
I want to thank everyone who volunteered, helped out, or attended the New Members Event Friday, June 15th at Dr. Deb Peters' house! It was a huge success, and a great opportunity for new members to get to know the Board of Directors and other SGVPA members. A special thank you to all of the new members who were able to attend. As always, I am very grateful for the help of the Membership Committee, and for all of their hard work. I am especially grateful to Deb Peters for volunteering to host the event at her lovely home. and for all of the planning that she did for the event!

I look forward to seeing you all at upcoming events and luncheons.

Kelley Vandewalle can be reached at kelley@kelleyvandewalle.com.

NEW MEMBERS



Doctoral:

Marguery Covarrubias, PhD
Charles DeLeeuw, PhD
Ronda Doonan, PsyD
Angela Hill-Seetal, PhD
Lisa Hoffort, PsyD
Danielle Schlichter, PsyD
Stephan Seetal, PhD

Students:

Yuning Cheng, MA
Sarah Hill
Richard LaBrie
Jenny Reyes
Elena Welsh, MA

Associate:

Holly Evans, MFT
Raquel Kislinger, MA

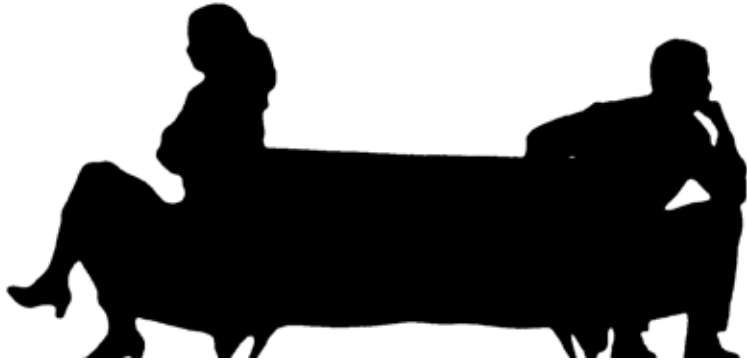
ADVERTISEMENTS

The Thriving Couple:

Psychoanalytic and Literary Perspectives

A continuing education course

Taught by Alan Karbelnig, PhD, ABPP



Love, conflict, jealousy, sex, hatred, children... and then there are the in-laws... Few endeavors are as complex, fraught, and enticing as the pairing of two lives. Coupledness is considered many things, the foundation of family life and even of society, or, in the words of Albert Einstein, "the futile attempt to make something permanent out of a temporary infatuation." Facing a gauntlet of obstacles both internal and external, social and biological, how does a couple survive, let alone thrive? What can psychoanalytic thinkers and fiction writers tell us about the nature of couples, and how might we apply these ideas to our psychotherapy practices and even to our personal lives? We will begin this course with a few key psychoanalytic articles, and will then move on to a list of superb novels featuring couples of all types, from cautionary tales to lessons in longevity.

Readings

Pride and Prejudice by Jane Austen
Who's Afraid of Virginia Woolf by Edward Albee
For Whom the Bell Tolls by Ernest Hemingway
Tender is the Night by F. Scott Fitzgerald
Saturday by Ian McEwan
Wonder Boys by Michael Chabon

Dates

10 biweekly Fridays, 5-6:30 PM,
September 14th through February 1, 2013.
Complimentary wine and snacks will be served.
The seminar will be limited to ten participants.

Fees

\$550 per licensee /\$450 per student (includes all articles and books). A \$250 deposit is required; balance due at first meeting.

C.E. Units

15 units pending from the MCEP Accrediting Agency.

To Enroll

Email Alan at amkarbelnig@gmail.com or Candace Franco at candace.franco@gmail.com. Mail registration deposits to Alan Karbelnig, PhD, 625 Fair Oaks Ave., Suite 270, South Pasadena, CA 91030.

The Thriving Couple: Psychoanalytic and Literary Perspectives

Taught By
Alan Karbelnig, Ph.D.
Training and Supervising Analyst
New Center for Psychoanalysis
Newport Psychoanalytic Institute
Fall 2012

Classes meet every other Friday evening from 5p to 630p. Ten MCEP units will be granted pending approval. The course costs \$550 per licensee /\$450 per student (includes all articles and books). A \$250 deposit is required; balance due at first meeting. To enroll email Alan at amkarbelnig@gmail.com or Candace Franco at candace.franco@gmail.com. Complimentary wine and snacks served. The seminar will be limited to ten participants.

Course Syllabus

1. Understanding couples psychoanalytically – September 14th – *The couple and the group by Kernberg & other psychoanalytic works*
2. Love in the short story – September 28th – *Short Stories by Bausch*
3. Relationships in poetry – October 12th – *Collected Poems by Berry, Levertov...*
4. Couples in conflict – October 28th – *Who's Afraid of Virginia Wolff by Albee*
5. Marrying a patient? – November 9th – *Tender is the Night by Fitzgerald*
6. Role complications in marriage – November 30th – *Tender is the Night*
7. Love and war – December 14th – *For Whom the Bell Tolls by Hemmingway*
8. Intense romantic love – January 11th (2013) – *For Whom the Bell Tolls*
9. Extra-marital couples – January 25th – *The Wonder Boys by Chabon*
10. Comedic love – February 8th – *The Wonder Boys*

Target audience: Licensed mental health professionals, interns, and students

Goals: Participants will learn: a. basic psychoanalytic principles of the dynamics of couples; b. how to better understand romance and attachment through literature; c. what literature, poetry, and short stories reveal about clinical interventions with couples.



institute for girls' development
A Psychological Corporation

Empowering girls & women for life through

- Self-discovery
- Embodied living
- Hardiness skills
- Growth-fostering relationships



Psychological Services:

- Individual, Family, & Couple Therapy**
- Group Therapy** (Girls, teens & adults)
- Dialectical Behavior Therapy Program** (Teens, parents & adults)
- Young Women's Program** (Women in their twenties & thirties)
- Parents Finding Solutions** (Expectant moms & all parents)
- Embodied Living Programs** (Eating disorders & health challenges)
- Psychological & Educational Assessment**

Presentations, Workshops, & Trainings

Available through our Center for Education on Girls' Development

www.InstituteForGirlsDevelopment.com

626.585.8075, ext. 108

Melissa Johnson, Ph.D. PSY13102

DIVORCE MEDIATION
Avoid Costly Fees and Court Appearances

Mediation can:

- *save money - up to 80% of an attorney battle
- *save time- average case settles within 6 sessions
- *benefit children - by reducing conflict

Mediation works for:

- *separation and divorce
- *custody and visitation
- *child and spousal support
- *domestic partnerships

Lydia S. Glass, Ph.D.

Over 25 years experience mediating divorces

200 E. Del Mar Blvd., Suite 210 Pasadena, CA 91105
(626) 792-4153 www.lydiaglass.com lydia_glass@msn.com



Enrico Gnaulati Ph.D.

announces the expansion of his child/adolescent
psychoeducational testing practice

- ✓ Cognitive, academic, and psychosocial assessments (learning disorders, ADHD, autistic spectrum)
- ✓ Accommodations and modifications (SAT accommodations, curriculum modifications, 504 plans)
- ✓ Learning style evaluations
- ✓ Family-school liaison services
- ✓ Developmental/humanistic perspective
- ✓ In-depth parenting consultation on test results
- ✓ Identifying study conditions/teaching style/tutoring approach to optimize learning
- ✓ Identifying cognitive/academic strengths/weaknesses for optimal curriculum choices

**200 E. Del Mar Blvd.
Suite 206
Pasadena, CA 91105**

**626.584.9968
dr.gnaulati.net**



Isabel Green, Ph.D.

**Providing personalized testing,
assessment and treatment
for children and adults**

Included are evaluations for IEP and in-class modifications; testing for accommodations on standardized tests such as SAT, LSAT, GMAT, Medical Boards, GRE, and GED, as well as assessments for diagnosing Dementia, Alzheimer's Diseases, and Age-Related Cognitive Decline.

Certified Alzheimer's Disease and Other Dementias Treatment Specialist

Therapy and treatment of:

ADHD, Adult ADHD, Anxiety, Bereavement and Loss, Depression, Learning Disabilities, Problems with Motivation, Self Esteem Issues, Social Phobia, Trouble with Relationships, Anger Management, and Dementia/Alzheimer's.

Address:

625 Fair Oaks Avenue, Suite #260
South Pasadena, CA 91030

Telephone:

626-441-8065
Facsimile 626-441-8425

Email

lizgrn@sbcglobal.net

Stephanie Law, PsyD Clinical Psychologist (PSY22190)

Psychodynamic Psychotherapy

Specialties:

Grief/Bereavement
PTSD
Trauma
Reverse Culture Shock
Mood Disorders

Professional Affiliations:

SGVPA, President
Rose City Center, Board of Directors

Phone: 626-354-5559
16 S. Oakland Ave, Suite 216
Pasadena, CA 91101
www.drstephanielaw.com

COME ADVERTISE WITH US!

Members and others are encouraged to take advantage of the opportunity to advertise to nearly 200 SGVPA folks! Members receive 1 complimentary classified ad in the newsletter per calendar year!

Here are the rates:

Advertising Rates for our Bi-monthly Newsletter

	1 edition	3 editions (Half year)	6 editions (Full year)
Quarter Page Ad or Copy of Business Card	\$30	\$75	\$150
Half Page Ad	\$60	\$150	\$300
Whole Page Ad	\$100	\$250	\$500
Insert	\$120	\$300	\$600

Classified Ads are \$.50 per word

Advertising Rates on our Website

	2 months	4 months	6 months	12 months
Homepage Link	\$25	\$45	\$60	\$120
Other link	\$20	\$35	\$50	\$100
** Homepage Link with newsletter advertising purchased concurrently	\$15	\$30	\$45	\$60
** Other Link with newsletter advertising purchased concurrently	\$10	\$20	\$30	\$40

*** Note: Special rates available to advertisers who purchase website and newsletter ads concurrently.*

Be sure to include your license number. Ads should be emailed to Mary Hannon at maryhannon123@gmail.com. Payment must be made before publication and mailed to:
Mary Hannon, 1122 Avon Pl., South Pasadena, CA 91030,
phone (626) 354-0786.



**c/o Suzanne Lake, PsyD, Editor
2810 E. Del Mar Blvd., Suite 10A
Pasadena CA 91107**